

Athletes' Guide





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(only for Europe Triathlon Championships, delete otherwise)

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1. General Information

1.1 Introduction

We're delighted to invite you to the BTA Balkan Triathlon Championships hosted in the gorgeous city of Ohrid, the Macedonian pearl. The city has UNESCO World Heritage status since 1980, situated on the shores of Europe's deepest and oldest natural lake. It features 365 churches, one for each day of the year, including the most iconic one, St. John at Kaneo, which dates from the 13th century. The Old Town charm is characterized by narrow cobblestone streets and traditional 17th-century Ottoman-style architecture. It is famous for the Ohrid pearls—locally crafted jewelry made using fish scale techniques, guarded and passed down through generations.

So get ready for an exciting event in such a historical place, which will determine your prowess, push your body, mind, and soul to the limits in every way, and allow you to express your skills and sportsmanship.

We can't wait to share this amazing experience with you. Join us for unforgettable days at the BTA Balkan Triathlon Championships, 13/14 June 2026.

The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the event. The Triathlon Federation of North Macedonia and the Local Organizing Committee (LOC) ensure that the information contained in this Guide is correct and up to date as of the production date. Please consider the current global situation, and athletes and coaches are invited to constantly check the available information.

1.2. Key dates

Bike course familiarisation: [12th June 2026, 12:00 – 12:30](#)

Swim course familiarisation: [12th June 2026, 12:30 – 13:00](#)

Payment and Registration: Elite athletes (ID required): [12th June 2026, 15:00 – 16:00 \(see page\)](#)

Athletes' briefing Elite: [12th June 2026, 16:00 – 16:30](#)

Payment and Registration Youth athletes (ID required): [12th June 2026, 16:00 – 16:45 \(see page\)](#)

Athlete's briefing Youth: 12th June 2026, 16:45 – 17:15

Payment and Registration AG athletes (ID required): [12th June 2026, 17:00 – 17:15 \(see page\)](#)

Athletes' briefing AG: [12th June 2026, 17:15-17:45](#)

Race start Saturday: [13th June 2026, 08:30 Elite Men, 9:45 Elite Women, 12:00 Youth Men, 13:30 Youth Women, 14:45 AG. Men, 14:46 AG. Women.](#)

Race start Sunday: [14th June 2026, 08:30 Mix Team Relay, 11:45 Kids 14-13y, 12:20 Kids 12-10years](#)



1.3. Key contacts

Chief Race Officer:

Ivan Mihajlovski (MKD), ivanmihajlovskiswim@gmail.com, [+38970363958](tel:+38970363958)

Technical Delegate:

Radu Blaga (ROM), rblaga@gmail.com, [+40724211712](tel:+40724211712)

Assistant Technical Delegate:

Frosina Coneva (MKD), frosina.coneva@gmail.com, [+38978470480](tel:+38978470480)

Europe Triathlon Office

etu_hq@etu.com, [+32478825456](tel:+32478825456)

Athlete services managers:

Elena Zisovska Apostolska (MKD) elenazisovska@gmail.com, [+38975287064](tel:+38975287064)

Gordana Nikolovska (MKD) nikolovska@sportskopje.mk, [+38970221850](tel:+38970221850)

Dejan Nikolovski (MKD) superdejann@gmail.com, [+38970382846](tel:+38970382846)

1.4. Contacts details

LOC: Ohrid association of sport "Sport for all-all for sport".

Address: Dame Gruev B1 1/7;6000 Ohrid R.Macedonia.

Web page information available from 1st May www.com

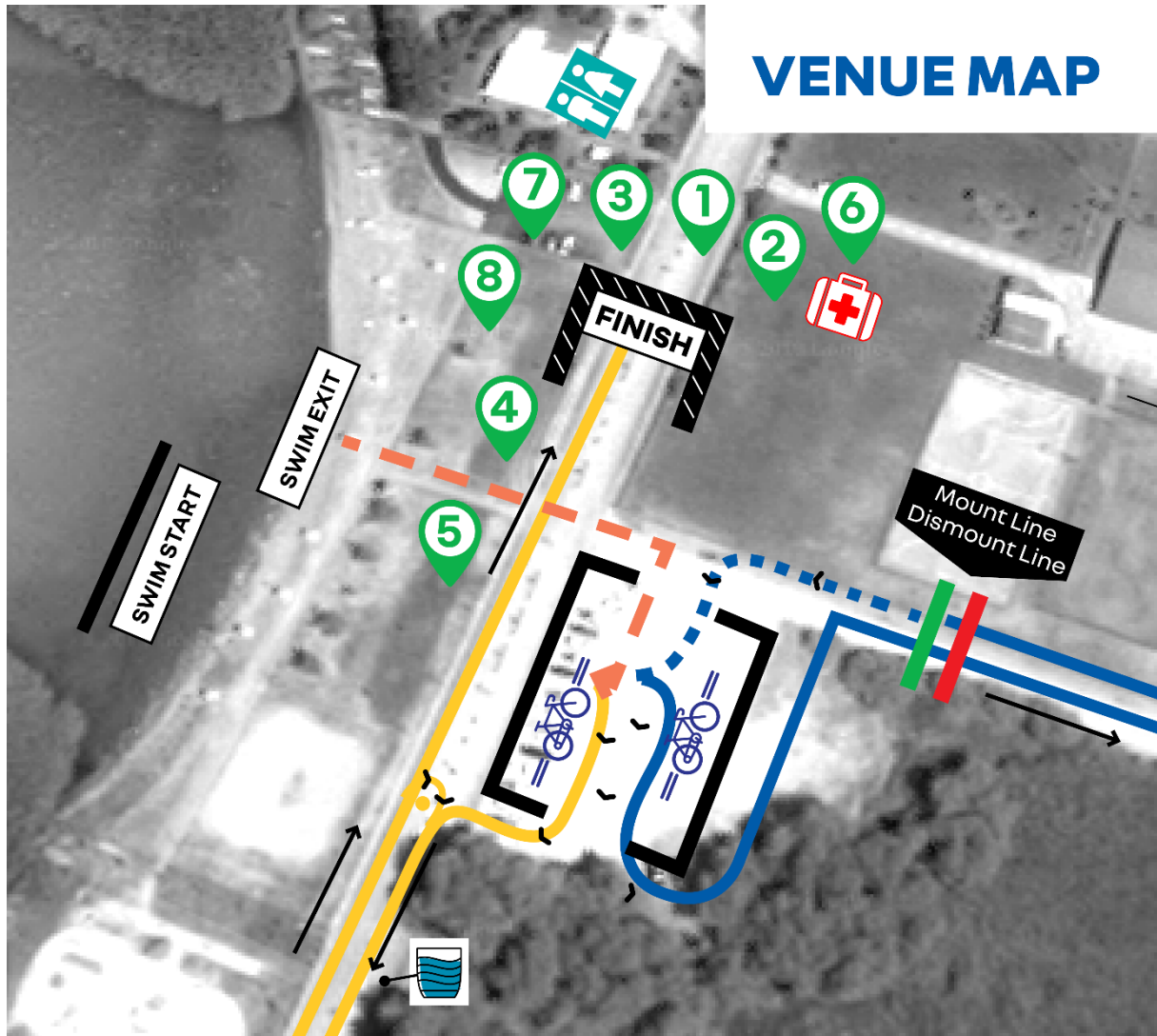
nikolovska@sportskopje.mk +38970221850

elenazisovska@gmail.com +38975287064



2. Venue

2.1. Race venue



- 1 Photographers
- 2 Water and Refreshment
- 3 TV and Commentator
- 4 VIP Area

- 5 Coaches Areas
- 6 Recovery Area
- 7 Athlete lounge
- 8 Registration

- Medical
- Toilet
- Transition Zone
- Flow

- AID Station
- Mount Line
- Dismount Line



2.2 Course familiarisation

Ohrid, North Macedonia, Buffalo Beach area on the walking path after the bridge at Biljanini Izvori.

12:00 - Bike course familiarization (TBC).

12:30 - Swim course familiarization (TBC).

2.3. Athletes' lounge

Location: Buffalo Beach - close to the race venue. Provides toilets, water, fruit and energy drinks.

A recovery zone will be located near the finish area (physiotherapist might be available).

2.4. Entry fees and athletes' race package distribution

Friday 12th June, 10:00-12:00 & 15:00-20:00

Location to be announced at the official web page www.triathlon.mk
(Hotel UNIQUE Resort & Spa st. Partizanska 56, 6000 Ohrid)

Entry fees information:

Elite – 70EUR

Youth (17-15) – 50EUR

born (2009-2011)

Kids 1 (14-13) – 30EUR

born (2012-2013)

Kids 1 (12-10)- 20EUR

born (2014-2016)

Age Group – 60 EUR

Category 1 – 15–29 years

Born 1997–2011

Category 2 – 30–39 years

Born 1987–1996

Category 3 – 40–49 years

Born 1977–1986

Category 4 – 50+ years

Born 1976 and earlier



Registration per categories:

The Elite categories are registered through the World Triathlon registration system by their national federations.

The Youth category and Mixed Team Relay will be registered through a special link available only for BTA National Federation members. Contact your federation representatives to register for the Youth race.

The other categories—Age Groups, Kids aged 14–13, and Kids aged 12–10—can register using this link with direct payment only:

<https://triatlon-federacija.trki.mk/mk/events/bta-balkansko-triatlon-prvenstvo>

Note: If the payment is not completed, the athlete will not be included on the start list.

2.5. Doping control

Doping tests (TBA) will be conducted according to WT/WADA rules. The athletes must carry identification to the doping control facilities.

2.6. Security

A private company will be responsible for the security of the event

2.7. LOC office

LOC: Ohrid association of sport "Sport for all-all for sport"

Address: Dame Gruev B1 1/7;6000 Ohrid R.Macedonia.

www.triathlon.mk (from 1st May)

+38978440139

+38970221850

3. Accommodation

LOC recommends accommodation in the following hotels:

www.uniqueresort.mk

www.inexolgica.com

www.hotelklimentica.com.mk

www.hotelpela.mk

www.hotelgarden.com.mk

www.hotellebed.com.mk

www.hotelsileks.mk

www.hoteldesaret.mk



Bookings can be made individually, or assistance can be provided by the LOC.

Please contact us:

nikolovska@sportskopje.mk, +38970221850 WhatsApp & Viber
elenazisovska@gmail.com, +38975287064 WhatsApp & Viber

There is also an opportunity of arranging some Airbnb apartments for renting, from your side in Ohrid.

4. Transfer and Transport

The LOC officer will provide transport for athletes and team officials from Ohrid St. Paul the Apostle Airport and also Macedonian Triathlon Federation will provide transfer from International Skopje Airport TAF to the venue in Ohrid,

If you require transport, please contact:

superdejann@gmail.com, +38970382846 WhatsApp & Viber

5. Athletes' Services

5.1. Training facilities



SWIM - Swimming pool Biljanini izvori arrange with the LOC Ivan Cvetkoski
(sportzasite@gmail.com; +38978440139)



BIKE- Sv.Naum Ohridski Boulevard



RUN – walking area by the bank of the lake Ohrid from Sv.Stefan Beach to Ohrid city.

5.2. Medical services

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions and during the race. There will be First Aid and Emergency Medical Services at the Race Village on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals is to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

City Hospital Ohrid

Adress: Sirma Vojvoda B.B 6000 Ohrid

Emergency number: 194



5.3. Bike mechanical service

Our bike partner will provide bike service from 12th till 14th of June at the race venue.

6. Competition schedule

6.1. Elite, Youth & AG Athletes

DAY	START	END	ACTIVITY	LOCATION
Friday, June,12 th	12:00	12:30	Bike familiarisation	"Buffalo" Beach Event venue
Friday, June,12 th	12:30	13:00	Swim familiarisation	"Buffalo" Beach Event venue
Friday, June,12 th	15:00	16:00	Elite Athlete Registration	UNIQUE Resort & Spa str.Partizanska 56,6000 Ohrid
Friday, June,12 th	16:00	16:30	Elite Athletes Briefing	UNIQUE Resort & Spa str.Partizanska 56,6000 Ohrid
Friday, June,12 th	16:00	16:45	Youth Athlete Registration	UNIQUE Resort & Spa str.Partizanska 56,6000 Ohrid
Friday, June,12 th	16:45	17:15	Youth Athlete Briefing	UNIQUE Resort & Spa str.Partizanska 56,6000 Ohrid
Friday, June,12 th	17:00	17:15	AG Athlete registration	UNIQUE Resort & Spa str.Partizanska 56,6000 Ohrid
Friday, June,12 th	17:15	17:45	AG Athlete Briefing	UNIQUE Resort & Spa str.Partizanska 56,6000 Ohrid
Saturday, June,13 th	07:00	08:00	Elite Men &Elite Women Athlete Lounge Check in	"Buffalo" Beach Event venue
Saturday, June,13 th	07:30	08:15	Elite Men &Elite Women Transition Check in	"Buffalo" Beach Event venue
Saturday, June,13 th	08:00	08:15	Elite Men swim warm up	"Buffalo" Beach Event venue
Saturday, June,13 th	08:20		Athletes Introduction	"Buffalo" Beach Event venue
Saturday,	08:30		Elite Men START	"Buffalo" Beach Event venue



June, 13th				
Saturday, June, 13th	09:15	09:30	Elite Women swim warm up	"Buffalo" Beach Event venue
Saturday, June, 13th	09:35	09:40	Athletes Introduction	"Buffalo" Beach Event venue
Saturday, June, 13th	09:45		Elite Women START	"Buffalo" Beach Event venue
Saturday, June, 13th	11:00	11:15	Transition moderation	"Buffalo" Beach Event venue
Saturday, June, 13th	11:25		Award ceremony Elite Men & Women	"Buffalo" Beach Event venue

DAY	START	END	ACTIVITY	LOCATION
Saturday, June, 13th	11:00	11:30	Youth Men Athlete Lounge Check in	"Buffalo" Beach Event venue
Saturday, June, 13th	11:10	11:45	Youth Men Transition Check in	"Buffalo" Beach Event venue
Saturday, June, 13th	11:35	11:50	Swim warm up	"Buffalo" Beach Event venue
Saturday, June, 13th	11:25		Award ceremony Elite Men & Women	"Buffalo" Beach Event venue
Saturday, June, 13th	11:50		Athletes Introduction	"Buffalo" Beach Event venue
Saturday, June, 13th	12:00		Youth Men START	"Buffalo" Beach Event venue
Saturday, June, 13th	12:10	12:40	Youth Women Athlete Lounge Check in	"Buffalo" Beach Event venue
Saturday, June, 13th	13:00	13:20	Youth Women Transition Check in	"Buffalo" Beach Event venue
Saturday, June, 13th	13:05	13:20	Swim warm up	"Buffalo" Beach Event venue
Saturday, June, 13th	13:20		Athletes Introduction	"Buffalo" Beach Event venue
Saturday, June, 13th	13:30		Youth Women START	"Buffalo" Beach Event venue
Saturday, June, 13th	13:50	14:00	Transition moderation	"Buffalo" Beach Event venue
Saturday, June, 13th	13:15	14:00	AG Athlete Lounge Check in	"Buffalo" Beach Event venue
Saturday, June, 13th	14:00	14:35	AG Transition Check in	"Buffalo" Beach Event venue
Saturday, June, 13th	14:00	14:30	Swim warm up	"Buffalo" Beach Event venue
Saturday, June, 13th	14:30		Award ceremony Youth Men & Women	"Buffalo" Beach Event venue
Saturday, June, 13th	14:35		Athletes Introduction	"Buffalo" Beach Event venue



Saturday, June, 13th	14:45		AG Men START	"Buffalo" Beach Event venue
Saturday, June, 13th	14:46		AG Women START	"Buffalo" Beach Event venue
Saturday, June, 13th	15:30	16:00	Mixed Relay Registration	"Buffalo" Beach Event venue
Saturday, June, 13th	16:00		Mixed Relay Briefing	"Buffalo" Beach Event venue
Saturday, June, 13th	16:30		Award ceremony AG Men & Women	"Buffalo" Beach Event venue

6.2. Mix Team Relay, Kids 14-13 & Kids 12-10

DAY	START	END	ACTIVITY	LOCATION
Sunday, June, 14th	07:00	07:45	Mix Team Relay Athlete Lounge Check in	"Buffalo" Beach Event venue
Sunday, June, 14th	07:15	08:00	Mix Team Relay Transition Check in	"Buffalo" Beach Event venue
Sunday, June, 14th	08:05	08:20	Swim warm up	"Buffalo" Beach Event venue
Sunday, June, 14th	08:20		Athletes Introduction	"Buffalo" Beach Event venue
Sunday, June, 14th	08:30		Mix Team Relay START	"Buffalo" Beach Event venue
Sunday, June, 14th	10:00		Mix Team Relay Award Ceremony	"Buffalo" Beach Event venue
Sunday, June, 14th	10:00	10:30	Transition moderation	"Buffalo" Beach Event venue
Sunday, June, 14th	10:30	11:15	Kids 14-10y Athlete lounge Check in	"Buffalo" Beach Event venue
Sunday, June, 14th	11:00	11:30	Kids 14-10y Transition Check in	"Buffalo" Beach Event venue
Sunday, June, 14th	11:35		Athletes Introduction Kids 14-13years	"Buffalo" Beach Event venue
Sunday, June, 14th	11:45		Start Kids 14-13years	"Buffalo" Beach Event venue
Sunday, June, 14th	12:10		Athletes Introduction Kids 12-10years	"Buffalo" Beach Event venue
Sunday, June, 14th	12:20		Start Kids 12-10years	"Buffalo" Beach Event venue
Sunday, June, 14th	13:00		Award ceremony Kids 14-13 & 12-10years.	"Buffalo" Beach Event venue

6.3. Competition rules

The event follows the latest published Competitions Rules of the World Triathlon (TRI).



6.4. Athletes' briefing

Friday, June 12th

16:00-Elite Athletes Briefing

16:45-Youth Athlete's Briefing

17:00-Age group Athletes Briefing

UNIQUE Resort & Spa

Str.Partizanska 56,6000

Ohrid, Macedonia.

6.5. Timing chips

On race day athletes will be given a timing chip to be worn on the athletes' ankle. Athletes will pick up the timing chips in the athletes' lounge before the competitions, during their check-in procedure.

6.6. Results

Official results will be uploaded live at the World Triathlon official website

www.triathlon.org.

All the results information will be distributed to the Team Leaders at the Information Centre

Responsible for the timing and live online results: Kire Sinadinovski +38970246935

www.tagtiming.mk

Please inform Europe Triathlon media team at mediateam@europe.triathlon.org if there is any live coverage of the event.

6.7. Protest & appeals

Standard procedures will be followed according to the current World Triathlon Competition Rules

6.8. Weather conditions

Approximate air temperature: 25C

Approximate water temperature: 21C

7. Accreditation

The LOC will provide all the Organising Committee Members, Europe Triathlon Technical Officials, Athletes, VIPs, media, technical staff, volunteers, etc. with an official Accreditation Card.

Accreditations will be distributed at UNIQUE Resort & Spa, (str. Partizanska 56,6000 Ohrid), at Friday, July 12st, 9:00-20:00.

Only accredited persons will be allowed access to certain venue areas. Accreditation Cards provide access to specific areas of the competition. All accredited people are requested to always carry their Accreditation Cards with them and to show them upon request.

Accreditation Cards are mandatory to enter the venue.



8. Other useful information

- 8.1. Language: Macedonian
- 8.2. Population: 2 million
- 8.3. Currency: Macedonian denar
 - 1USD – 52.45 denars
 - 1EUR – 61,65 denars
- 8.4. Time: Central European time (CET)
- 8.5 Electricity: 200V
- 8.6 Water: Drinkable
- 8.7 Telephone connections: +389

9. Course maps



SWIM COURSE

Start procedures: deep water start

The Head Referee will follow up the new start procedure and start each race with an air horn blast.

Number of laps:

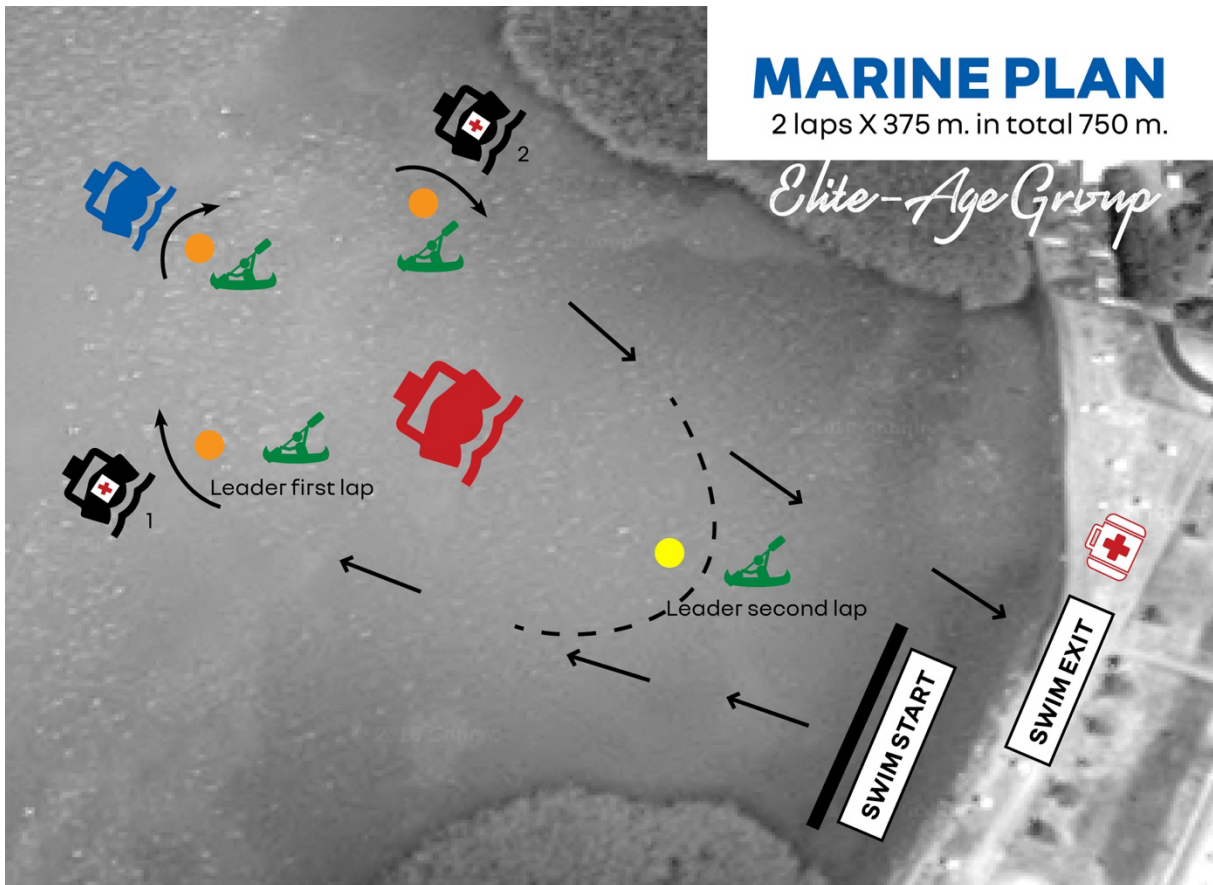
2 lap for Elite & AG Athletes (375m X 2laps)=750m

1 lap for Youth 350m

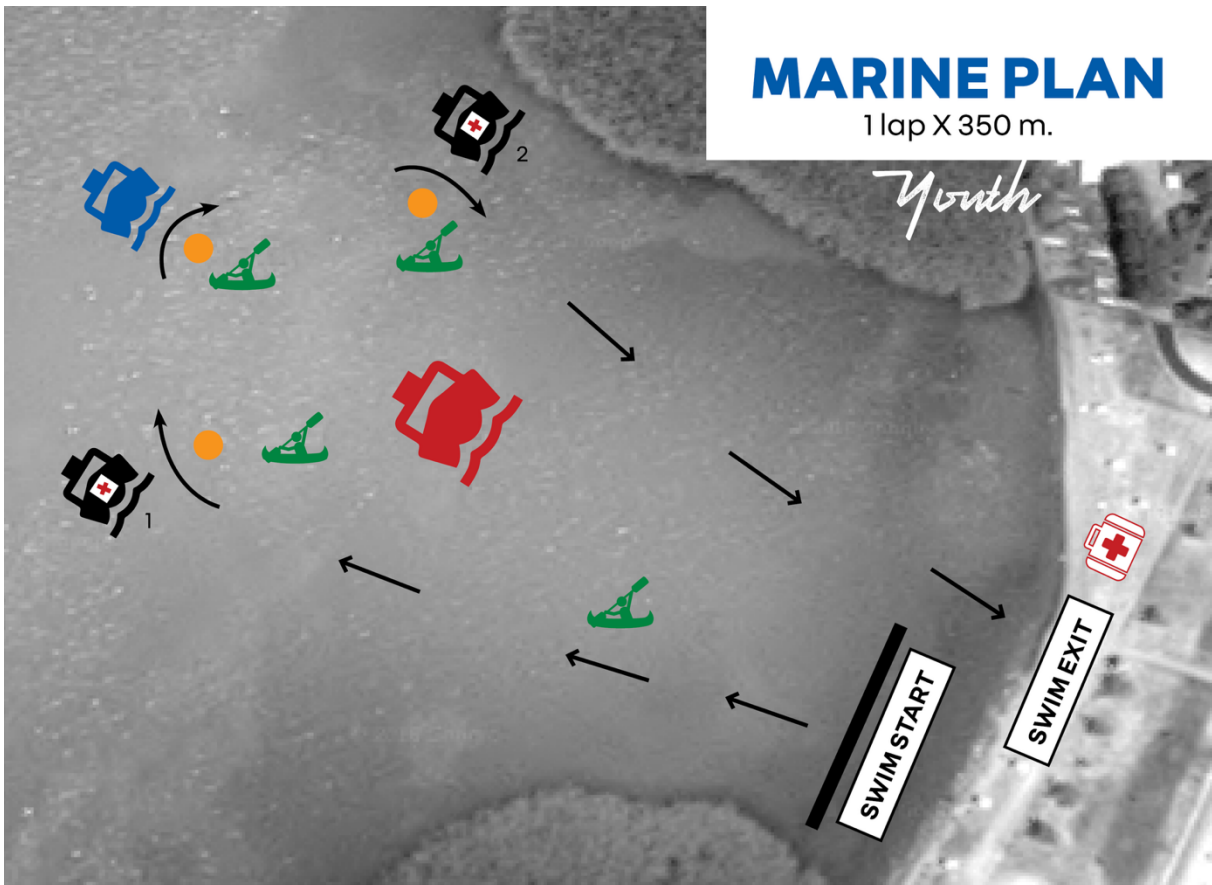
1 lap for Kids1 250m

1 lap for Kids2 150m

Average water temperature is 21-23 degrees Celsius.



- Medical Boath
- Lifeguard Boat
- T.O's Boat
- Medical
- Kayaks



MARINE PLAN

1 lap X 350 m.

TRANSITION 1/2

A flow through transition has been developed to keep athletes moving forward. Athletes enter the Transition area 1 and must deposit swim gear in a bin placed beside the bike racks. Athletes' names and/or numbers are displayed on the top of each bike rack. After the helmet is secured, athletes unrack the bike by moving forward into the centre lane and towards the mount line. After the bike leg is completed, athletes rack their bikes and move on the running course. Traditional bike rack.



BIKE COURSE

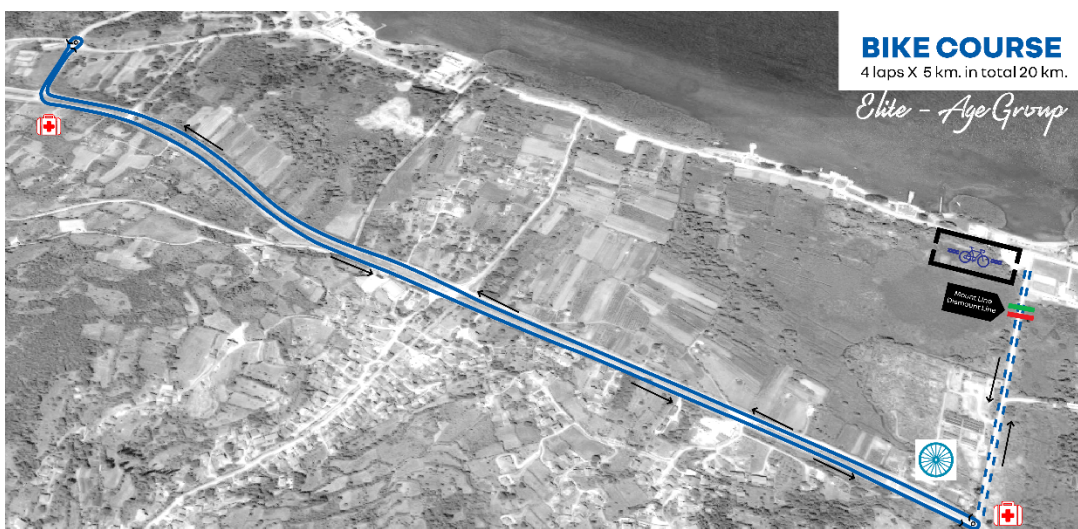
Number of laps:

4 for Elite & AG Athletes (4 x 2.5km)=20km

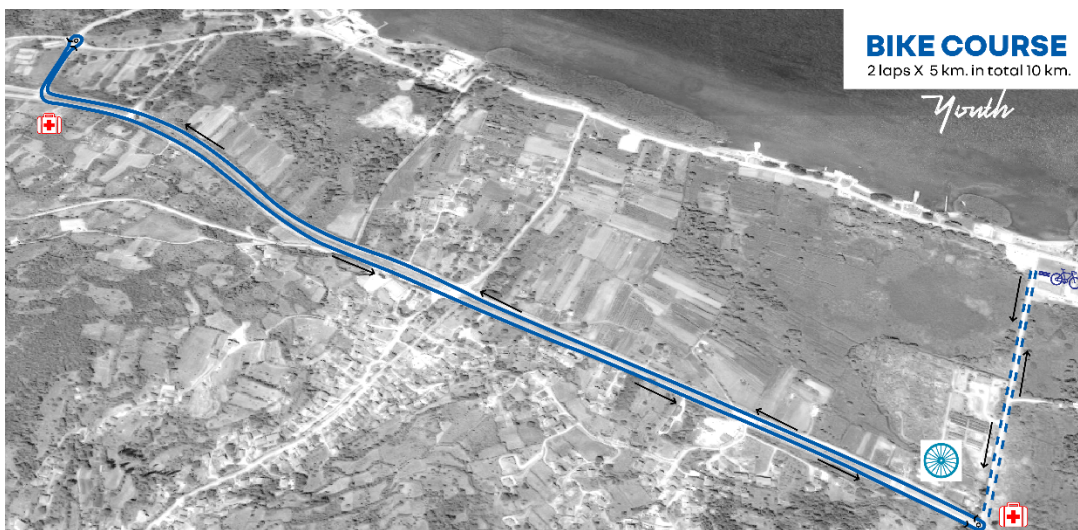
2 for Youth; (2 x 2.5km)=10km

1 for Kids 1 5km & shorter 1 lap for Kids 2 3km.

Almost flat road with 1-3% of steepness on a way to the first turning point to the roundabout and the same downhill of 1-2% coming back, the road is completely closed for traffic. We are using two-line motor way in two directions.



- Transition Zone
- Medical
- Mount Line
- Wheel Station
- Dismount Line
- Flow



- Medical
- Wheel Station
- Flow



TRANSITION 2

After finishing the bike segment on the dismount line, athletes turn left in to Transition, rack their bike or their designated place define with their race number, despise their helmet in the box and prepare for the run course. Running shoes may be placed beside or in the bin.

RUN COURSE

Number of laps:

3 laps Elite & AG athletes, (1.64x3laps+ to finish)=5km

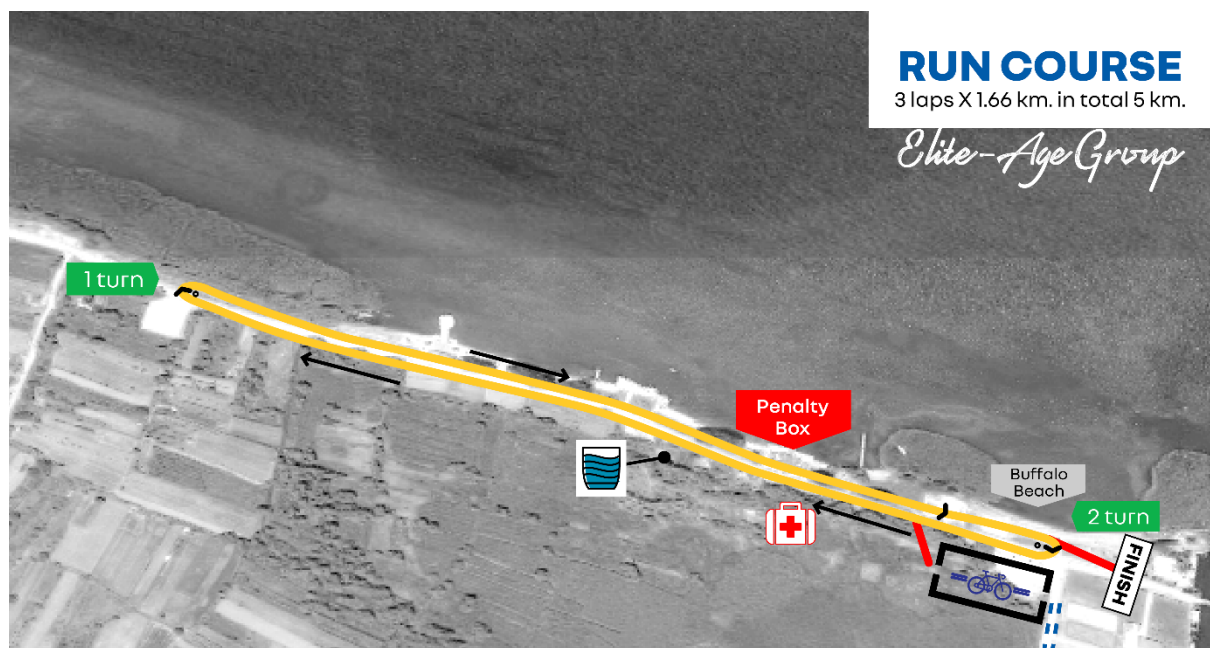
2 lap for Youth, 2,5km

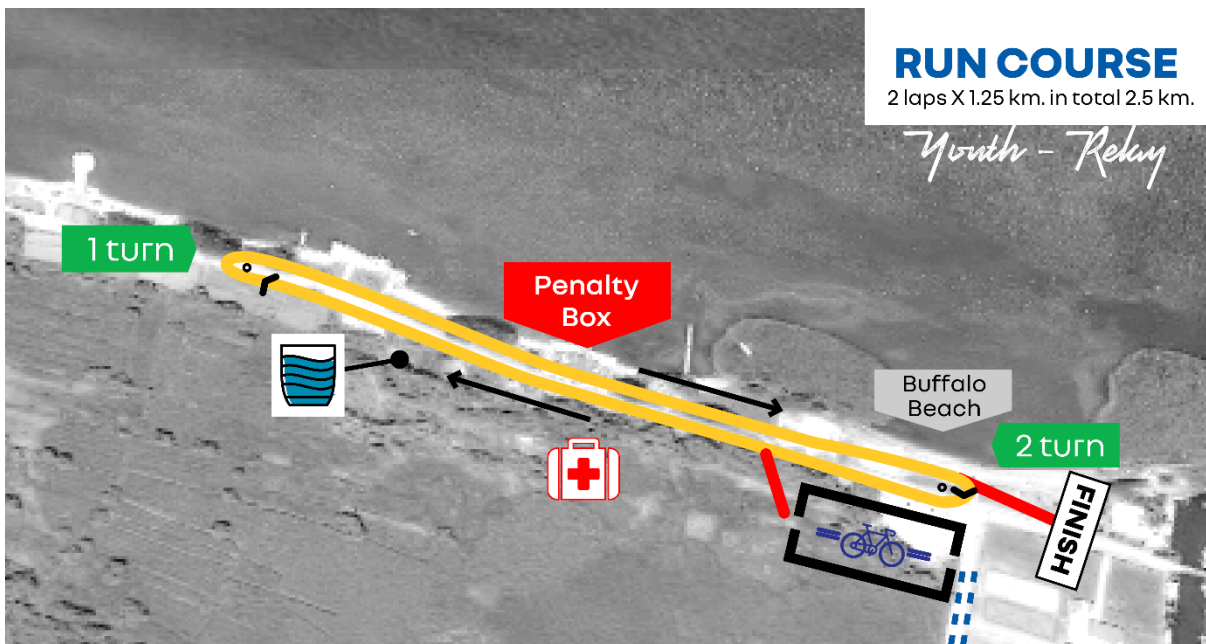
1 lap Kids 1 1.25km & shorter for Kids 2 0.8km.

Description: flat asphalt road combined with some segments of tiles.

Number of aid stations 1

First aid station is 200m from the Transition on the run course and littering area after mark with signs. Penalty box clearly marked and visible 100m before the turning point and the lap counter.





- Medical
- Flow
- Transition Zone
- AID Station
- Penalty Box

GOOD LUCK!