



# BALKAN ŞAMPİYONASI YARIŞMA SONUÇLARI (2019)

TRIATHLON  
BALKAN CHAMPIONSHIPS  
İSTANBUL 2019  
ETU

## Tüm Yaş Grupları / Kadınlar

04.08.2019 – 2. Gün Yarışı

Bilgi için: [sonuc@triatlon.org.tr](mailto:sonuc@triatlon.org.tr)

Pos	Athlete	Sex	Age	Bib#	Swim	T1	Bike	T2	Run	Finish	Age Group
1	KATERİNA SAPAF	F	29	553	0:12:23	0:00:40	0:35:59	0:00:39	0:21:58	1:11:37	25-29
2	PINAR ARPINAR	F	40	119	0:12:43	0:00:40	0:36:38		0:24:40	1:14:41	40-44
3	BEGUM OZUEKRE	F	39	112	0:14:04	0:00:41	0:36:29		0:24:21	1:15:35	35-39
4	Berrak İrmak	F	37	105	0:13:29	0:00:38	0:36:27		0:26:48	1:17:22	35-39
5	İlir Uysal	F	27	84	0:15:46	0:01:08	0:35:43	0:01:08	0:24:38	1:18:22	25-29
6	MERVE KAYNAR	F	33	95	0:13:32	0:01:03	0:38:55	0:00:53	0:24:17	1:18:38	30-34
7	Merve Aybüke Şen	F	20	80	0:15:42	0:00:38	0:36:17	0:00:38	0:26:08	1:19:21	20-24
8	G.Deniz Salpar	F	39	113	0:15:44	0:00:55	0:35:58		0:26:45	1:19:22	35-39
9	Ozge Uzun	F	28	87	0:15:23	0:01:37	0:37:29		0:25:13	1:19:42	25-29
10	REYHAN ŞAHBAZ	F	35	102	0:17:35	0:01:26	0:28:32	0:01:01	0:31:15	1:19:46	35-39
11	Şengül Nalcı Tüme	F	34	98	0:15:40	0:01:11	0:38:24		0:26:17	1:21:32	30-34
12	Ayşin Özer Başkır	F	47	131	0:18:16	0:01:09	0:35:43		0:26:28	1:21:36	45-49
13	Dilan Hekimoglu	F	30	91	0:15:49	0:01:22	0:38:49		0:25:43	1:21:43	30-34
14	Aslı Simay Yazıcı	F	28	85	0:18:14	0:01:09	0:38:36		0:24:06	1:22:05	25-29
15	FATMA KOSTAK	F	23	83	0:18:43	0:00:55	0:38:25	0:00:57	0:23:26	1:22:24	20-24
16	Öykü Valunya	F	28	88	0:17:26	0:01:18	0:37:20		0:26:32	1:22:36	25-29
17	Selen Eryüce	F	45	126	0:17:23	0:00:47	0:37:40	0:00:47	0:26:40	1:23:15	45-49
18	Sermin Kapucu	F	45	127	0:18:09	0:00:58	0:36:46	0:01:03	0:26:52	1:23:45	45-49
19	Gizem Ünver	F	31	93	0:17:36	0:00:52	0:37:28	0:00:58	0:27:28	1:24:21	30-34
20	Tulin Okyay	F	40	120	0:22:02	0:01:24	0:39:45	0:00:44	0:21:14	1:25:06	40-44
21	Begüm Feran	F	22	82	0:16:09	0:00:43	0:38:23	0:01:01	0:29:12	1:25:28	20-24
22	gülfem sismanoglu	F	40	118	0:18:46	0:00:54	0:38:22		0:28:09	1:26:11	40-44
23	MEHTAP DEMİRCİ	F	29	89	0:17:37	0:00:52	0:37:28		0:31:13	1:27:10	25-29
24	Senem Arıkan	F	46	130	0:16:17	0:01:24	0:38:24	0:01:14	0:32:04	1:29:21	45-49
25	Çiğdem Teker	F	37	106	0:18:35	0:01:49	0:39:42	0:01:48	0:27:36	1:29:28	35-39
26	Nihal Çelik	F	39	114	0:17:08	0:01:52	0:41:14	0:01:24	0:28:30	1:30:05	35-39
27	Esra YILDIRIM NE	F	36	103	0:20:01	0:01:30	0:41:28	0:01:23	0:26:32	1:30:52	35-39
28	BERNA SOLAK	F	35	552	0:17:34	0:01:32	0:38:56	0:01:21	0:31:33	1:30:54	35-39



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29	nevşin mengü	F	37	107	0:21:34	0:01:29	0:39:27		0:28:44	1:31:14	35-39
30	Sibel Karabulut	F	39	116	0:18:45	0:01:57	0:42:22	0:01:44	0:27:40	1:32:26	35-39
31	pınar pöhrenk	F	46	129	0:18:42	0:01:37	0:41:36	0:01:30	0:29:10	1:32:35	45-49
32	Tuğçe Aydın Yayla	F	34	99	0:19:23	0:01:40	0:44:23	0:01:00	0:26:52	1:33:16	30-34
33	Çiğdem Kalaycıoğlu	F	43	125	0:18:43	0:01:22	0:42:46		0:30:49	1:33:40	40-44
34	Özenç Aygün	F	38	110	0:23:06	0:01:11	0:41:23		0:30:18	1:35:58	35-39
35	Özgül Dizman	F	42	124	0:20:17	0:01:37	0:45:06	0:01:18	0:28:57	1:37:14	40-44
36	Cennet Teker	F	58	136	0:21:47	0:02:24	0:41:06		0:33:20	1:38:37	55-59
37	Yade Tlabar	F	38	111	0:19:11	0:01:27	0:42:30		0:35:30	1:38:38	35-39
38	ELIF KARAGOZ B/	F	34	97	0:18:43	0:02:08	0:45:47		0:32:39	1:39:17	30-34
39	Ayşegül Narin	F	55	133	0:19:00	0:01:19	0:51:20	0:00:54	0:27:27	1:39:57	55-59
40	Seda Uzun Aydın	F	33	96	0:20:42	0:01:43	0:49:11	0:00:55	0:27:48	1:40:16	30-34
41	Tuğba Işıkçı	F	39	117	0:26:08	0:01:16	0:42:12		0:31:22	1:40:58	35-39
42	SEMİHA BEKİL	F	37	108	0:22:49	0:01:38	0:43:40		0:32:59	1:41:06	35-39
43	Aslı Dikici	F	42	123	0:19:05	0:01:30	0:46:34	0:01:14	0:33:32	1:41:52	40-44
44	Seda Kansuk	F	48	132	0:15:12	0:02:10	0:44:26		0:40:44	1:42:32	45-49
45	dilara ustel	F	35	100	0:21:53	0:01:59	0:42:51	0:01:35	0:34:19	1:42:36	35-39
46	Başak Sayar	F	28	86	0:24:11	0:02:29	0:45:21		0:31:05	1:43:06	25-29
47	Neslihan Gümüş	F	29	90	0:23:39	0:01:20	0:46:23	0:02:21	0:29:26	1:43:06	25-29
48	Selda Sadi	F	41	122	0:20:26	0:01:33	0:48:16		0:33:45	1:44:00	40-44
49	Gülce Öztuna	F	21	81	0:17:21	0:01:52	0:50:10		0:35:12	1:44:35	20-24
50	Dilek KURT	F	46	128	0:20:33	0:01:34	0:49:14		0:35:33	1:46:54	45-49
51	Hediye TAMA	F	56	135	0:25:02	0:01:34	0:49:15	0:01:25	0:30:03	1:47:18	55-59
52	Büşra İlhan	F	31	92	0:23:16	0:01:55	0:48:04	0:01:40	0:33:48	1:48:42	30-34
53	Gulru Uyanır	F	38	109	0:32:41	0:02:31	0:46:10		0:31:34	1:52:56	35-39
DNS	Didem Dogruol	F	55	134							55-59
DNS	Burcu Şimşir Sarıal	F	33	94							30-34
DNS	Reyhan Mengi	F	36	104							35-39



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DNS	Saliha YUKSEL TA	F	39	115							35-39

### Not:

Bazı sporcular T2'deki halıdan geçemedikleri için T2 + Run birlikte hesaplanarak yazılmıştır. Finish veya diğer tur bilgileri bu güncellemeden etkilenmemiştir.

### Açıklamalar:

**DNF** : Did Not Finish

**DNS**: Did Not Start

**DSQ**: Disqualified